

## SUPPORT AND ONGOING FORMATION

### Making the Spiritual Exercises relevant for the needs of the 21<sup>st</sup> Century

**Ruth Holgate and Julia MacDonald**

23 November 2019

10.30-4.30pm

A consideration of how giving the Spiritual Exercises and offering spiritual direction relate to ecology and Catholic social teaching. The implications of 'following Christ' for this century.

### The Spiritual Guide and Relationships

**David Birchall and Alison Moody** 4 April 2020

Are there any criteria for retreat givers and spiritual guides to approach post-modern relationships from a Christian point of view? A consideration of how to help people flourish; we will consider remarriage, LGBT relationships etc.

### SUPPORT GROUPS

There are a number of support groups based in the ISC Glasgow for those who are offering spiritual accompaniment to others or giving the Spiritual Exercises in daily life. These groups meet monthly.

Please Contact Alison Moody for details:  
alison.moody@iscglasgow.co.uk

Keep up to date: join our e-mailing list on our website. See us on Facebook: /iscglasgow



For further details see website or contact:

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0141 354 0077



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Charity no. SC040490

## IGNATIAN SPIRITUALITY CENTRE

The ISC is a work of the British Province of the Jesuits. Our ecumenical team welcomes those of all church backgrounds or of no denominational affiliation.

### Grants and Bursary Funding

Some financial support is available for courses and retreats from our own bursary fund and from external bodies dedicated to the furtherance of Ignatian Spirituality. Applications for grants need to be made well in advance. Our courses often qualify for CLPD/CPD.

Three other leaflets are also available for:

- ◆ Day and Evening Events
- ◆ Retreats and Pilgrimages
- ◆ Outreach - ISC team working in your centre

### OUR COURSES IN YOUR CENTRE

The ISC team can offer the courses overleaf or shortened versions of them in your centre in Scotland if numbers warrant

### HOW TO GET HERE

The Ignatian Spirituality Centre, is two blocks up Hill Street from St Aloysius church.

**Subway:** Cowcaddens

**Train:** Queen St and Central Stations about 15 minutes walk. Charing Cross 7 Minutes walk.

**Bus:** West Graham St. No. 6 & 6A  
On Sauchiehall St. @ Dalhousie St. X1A, 3, 4, 15, 17, 18, 77

**Car:** For weekend and evening events parking space is often available in the St Aloysius junior school playground opposite the ISC on Scott Street. Cambridge Street Car Park is just over three blocks away.



# TRAINING IN IGNATIAN SPIRITUALITY AND CHRISTIAN FAITH DEVELOPMENT

ISC:Glasgow

2019-2020

*A Welcoming Space  
...in the Heart of the City*



# COURSES IN IGNATIAN SPIRITUALITY

## GROWTH IN PRAYER AND REFLECTIVE LIVING

Tuesday evenings September – May; + five Saturday

Develop a closer relationship to God.

This one-year programme will suit you whether you are interested in pastoral work or simply want space to explore and reflect on your life and relationship to God, self and others.

**The course provides opportunities to:**

- ◆ Explore the relationship between prayer and engagement with the world
- ◆ Become aware of the many ways in which God communicates with you
- ◆ Become aware of the sense of direction in your life.
- ◆ Become familiar with different methods of prayer as tools for engaging in conversation with God
- ◆ Explore different faith traditions and their spiritualities
- ◆ Develop skills for reflective living
- ◆ Support your own faith journey
- ◆ Develop a spirituality that will help you integrate prayer and life

No expertise in prayer or reflection is required. The course is open to all of whatever denomination or none.

Suggested Offering: £495

## ADULT FAITH FORMATION

Six Wednesday evenings from 23rd October

### Learning from the Early Church

In a study of Scripture and early Church history we shall consider themes that have relevance today.

- ◆ Liturgy
- ◆ Heresies and Prophecies
- ◆ Authority in the Church
- ◆ The role of women
- ◆ The Christian mission in a diverse and alien culture

A course offering an overview of the early days of the Church which is of general interest to Christians today.

Suggested Offering: £100

## SPIRITUAL CONVERSATION COURSE

The course will take place monthly from September 28 to May 31

Saturdays 10.00 – 16.00 and Sundays 14.00 – 18.00

Develop the skills to enter into conversations on life, death, joy, illness, relationships, God and the spiritual side of life.

If you work in church visiting, hospital or other chaplaincy work, or just converse with friends and would like to be more comfortable talking about some of life's serious subjects. Teachers and those working in various capacities in the NHS and social work have found the insights and skills gained through the course invaluable to their practice.

This course, founded in the Jesuit tradition of St. Ignatius Loyola, explores the attitudes, skills, ways of listening and sharing contained in good spiritual conversation.

Participants for this course should have some experience in pastoral work or have completed the course *Growth in Prayer and Reflective Living* or similar.

**Topics include:**

- ◆ Listening skills
- ◆ Personal Prayer
- ◆ Ways of Praying
- ◆ Ignatian Discernment
- ◆ The practice of Spiritual Conversation in daily life

Suggested Offering: £680

Grants may be available for courses and retreats.

## LIVING THEOLOGY 5-7 June 2020

The Living Theology Course offers a weekend of serious yet lively study on topics of interest relating to Scripture, religious tradition, faith, morals, history etc.

There are four courses available in lecture and seminar style. This is very much a community event and open to all who are interested in Christian study. No previous experience in theological study is necessary; the course is aimed at the intelligent non-specialist.

Further details available in early 2020.