

Easter Retreat in Daily Life 2017

Information Sheet

This is retreat is for anyone who wishes to....

- explore deeper connections between believing and living
- discover different ways of praying
- experience a deeper, personal relationship with God
- find help when it is difficult to pray.

You are welcome whether you are a member of a church community or have no particular affiliation. The retreat is open and ecumenical.

***No previous experience necessary.
Where you are is the only place to begin.***

WHAT DOES IT COST ?

In order to help with the expenses of the retreat we invite a donation of £10 each week or whatever you can contribute. However we do ask for your commitment with a £5 non-returnable deposit as booking is essential in order to help us plan this retreat well.

HOW IT WORKS

We meet as a group in the *Ignatian Spirituality Centre* on Thursday 27th April at 7 pm for an **Opening Session**.

This prayerful beginning will also deal with the practicalities of the retreat. For the following weeks we invite you to commit yourself to a short period of personal prayer each day. This will be talked through and agreed between yourself and your prayer companion.

Each person will have a prayer companion, available in the *Ignatian Spirituality Centre* on the following five Thursdays during the retreat at times agreed between yourselves. ***Please state on your application whether you'd prefer an afternoon or evening session.***

The role of the prayer companion is to listen to and reflect with the person making the retreat. Help will be given on the focus and prayer material for the following week.

On Thursday 8th June we meet together in the *Ignatian Spirituality Centre* as a group at 7 pm for the **Closing Session** of the retreat.

Throughout the retreat, the ISC Chapel is available for prayer.

DATES: Thursdays, 27th April; 4th, 11th, 18th, 25th May; 1st & 8th June



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