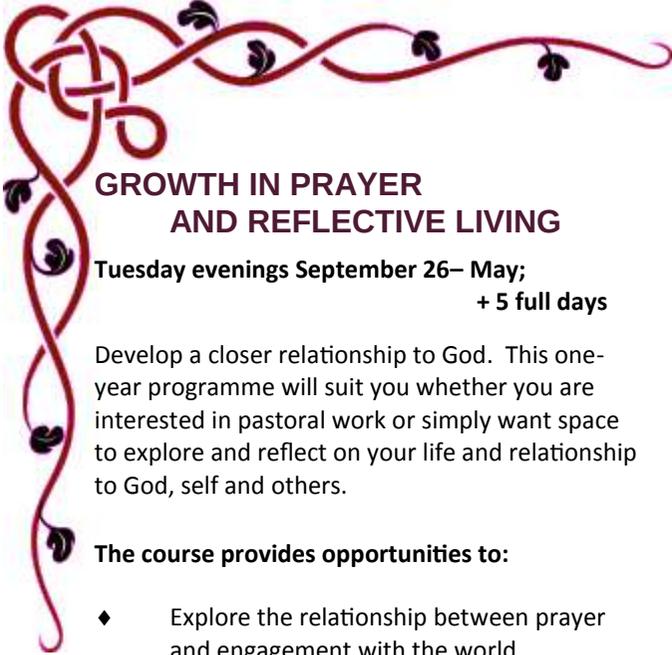


COURSES IN IGNATIAN SPIRITUALITY



GROWTH IN PRAYER AND REFLECTIVE LIVING

Tuesday evenings September 26– May;
+ 5 full days

Develop a closer relationship to God. This one-year programme will suit you whether you are interested in pastoral work or simply want space to explore and reflect on your life and relationship to God, self and others.

The course provides opportunities to:

- ◆ Explore the relationship between prayer and engagement with the world.
- ◆ Become aware of the many ways in which God communicates with you
- ◆ Become familiar with different methods of prayer as tools for engaging in conversation with God
- ◆ Explore different faith traditions and their spiritualities as a response to God's self-communication.
- ◆ Develop skills for reflective living
- ◆ Support your own faith journey
- ◆ Develop a spirituality that will help you integrate prayer and life

No expertise in prayer or reflection is required. The course is open to all of whatever denomination or none. Suggested Offering: £440



SPIRITUAL CONVERSATION COURSE

The course will take place monthly from September 23
Saturdays 10.00 – 16.00 and Sundays 14.30 – 18.30

Develop the skills to enter into conversations on life, death, joy, illness, relationships, God and the spiritual side of life. Many of us who work in church visiting, hospital or other chaplaincy work, or just conversing with friends would like to be more comfortable talking about some of life's serious subjects.

This course is based in the Jesuit tradition of St. Ignatius Loyola and explores the attitudes, skills and ways of listening and sharing contained in good spiritual conversation.

Participants for this course should have some experience in pastoral work or have completed the course *Growth in Prayer and Reflective Living* or similar.

Topics include:

- ◆ Listening skills
- ◆ Personal Prayer
- ◆ Ways of Praying
- ◆ Ignatian Discernment
- ◆ The practice of Spiritual Conversation in daily life

Suggested Offering: £680

SUPERVISION COURSE

2 Weekends: November 11-12 2017, February 3-4
with Ruth Holgate

A course for people who are involved in giving retreats and spiritual accompaniment and who wish to be able to offer supervision to other guides and retreat givers. Spiritual guides need to reflect on their practice and also be accountable to others about their work. Supervision provides for this, as well as an excellent way to develop one's skills and to learn.

This introductory training in supervision is for those who have experience in spiritual accompaniment in the Ignatian Tradition or retreat giving.

Course Includes

- What is supervision?
- Supervision in the context of Spiritual Accompaniment?
- Receiving and Rejecting
- Ethics and Boundaries
- Contracts
- Supervised practice, verbatims etc.

Suggested Offering: £100

PASTORAL CARE COURSE

Gain confidence and effectiveness in pastoral visiting.

Six Wednesday Evenings from November 1 to December 13 and two Saturdays November 4 and 18, 2017

A programme for those who visit others in whatever capacity; hospital, university or school chaplaincies, home visitors, Eucharistic ministers, etc.

How to gently encourage people to talk about the deeper things in life, faith and family. Reaching out to the bereaved and to those who experience or care for those with mental illness.

Topics include: Listening skills, Facing loss and mental illness, the practice of Spiritual Conversation and making life choices. Suggested Offering: £125

LIVING THEOLOGY

25-27 May 2018

The Living Theology Course offers a weekend of serious yet lively study on topics of interest relating to Scripture, religious tradition, faith, morals, history etc.

There are four courses available in lecture and seminar style. This is very much a community event and open to all who are interested in Christian study. No previous experience in theological study is necessary; the course is aimed at the intelligent non-specialist.

Further details available online and leaflet in early 2018.

STUDY DAYS

Our study days involve presentations by the leader and time for reflection, sharing & discussion. Suggested Offering £25

COPING WITH LOSS AND BEREAVEMENT

Ken Russell 4 November
How to help people cope with loss—a day for those who accompany others either formally or informally.

COPING WITH MENTAL ILLNESS

Dr Gill Yellowlees 18 November
How to help people cope with caring for people with mental illness, dementia etc. A day, led by psychiatrist, Dr. Gill Yellowlees for those who accompany others either formally or informally.

CREATIVE PRAYER

Melitta Bosworth & Katie Low 19 May
A day of creativity using art for self expression and as a means of prayer.



Keep up to date: join our e-mailing list on our website or see Facebook: /iscglasgow

www.iscglasgow.co.uk

Charity no. SC040490

THE IGNATIAN SPIRITUALITY CENTRE

is a work of the British Province of the Jesuits. Our ecumenical team welcomes those of all church backgrounds or of no denominational affiliation.

Grants and Bursary Funding

Some financial support is available for courses and retreats from our own bursary fund and from external bodies dedicated to the furtherance of Ignatian Spirituality. Applications for grants need to be made well in advance.

Leaflets are also available for:

1. Day and Evening Events;
2. Retreats and Pilgrimages
3. Outreach - ISC team working in your centre

HOW TO GET HERE

The Ignatian Spirituality Centre, 35 Scott St, G3 6PE is two blocks up Hill Street from St Aloysius church.

Subway: Cowcaddens

Train: Queen St and Central Stations about 15 minutes walk. Charing Cross 7 Minutes walk.

Bus: West Graham St No. 6 & 6A
Sauchiehall St - Dental Hospital: X1A, 3, 4, 15, 17, 18, 77

Car: For weekend and evening events parking space is often available in the St Aloysius junior school playground opposite the ISC on Scott Street. Cambridge Street Car Park is just over three blocks away.



For further details and costs see website or contact:

The Secretary, Ignatian Spirituality Centre,
35 Scott Street, Glasgow, G3 6PE
0141 354 0077

admin@iscglasgow.co.uk



TRAINING IN IGNATIAN SPIRITUALITY & CHRISTIAN FAITH DEVELOPMENT

ISC:Glasgow 2017-2018

A Welcoming Space in the Heart of the City



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